LETTER OF SUPPORT — NOURISH & THRIVE

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To the Commonwell L.E.A.F. Grant Review Committee,

I am pleased to support Olundara Foundation's proposed Nourish & Thrive: Summer Family Food Skills Program, planned for June through August 2027 in the Bradford, Innisfil, Barrie and Newmarket communities.

I am happy to express my support for this project and my interest in contributing as its cooking facilitator, subject to final arrangements. I believe families benefit most when food education is welcoming, hands-on and respectful of the meals and traditions they already know.

I would be pleased to contribute as the cooking facilitator for the six proposed two-hour workshops. Through approachable recipes, demonstrations and hands-on activities, I hope to help families feel more comfortable preparing meals that are affordable, enjoyable and adaptable to their tastes and traditions.

I appreciate how this program brings cooking together with budgeting, meal planning, wellness and nutrition education. Families will have opportunities to learn from one another and leave with practical ideas they can use in their own kitchens.

I especially like the Try It at Home activities, which encourage families to practice new skills between sessions. I look forward to the opportunity to support Olundara Foundation in making Nourish & Thrive a positive and useful experience for participating families.

Sincerely,



Dami Oketunji
Founder/Owner
Oladun Restaurant & Lounge
October 26, 2026