9365 10 Side Rd. Milton, ON L9T 2X9
226-666-7382
rebekah@carefarmscanada.com

Commonwell L.E.A.F. Fund

October 26, 2026

Re: Letter of Support for *Cultivating Connections: From Farm Experience to Everyday Practice*

Dear L.E.A.F. Fund Selection Committee,

On behalf of Green Care Farms Inc., I am pleased to express our support for The Canadian Centre for Food and Ecology and its proposed summer 2027 and 2028 farm tour initiative: Cultivating Connections: From Farm Experience to Everyday Practice.

We believe that connecting people with the origins of their food is a meaningful way to strengthen community, encourage food literacy, and foster a deeper appreciation for local regenerative agriculture. Farms are not only places of food production, but also spaces for learning, ecological stewardship, and cultural exchange.

At Green Care Farms, our mission is to promote purpose and belonging for people with dementia through the delivery of therapeutic farming programs. In the last four years we have been practicing Green Care on a farm in Milton, Ontario. Each program day during the summer, we see the immense benefits of the experience for our participants. Our activities provide cognitive stimulation and enhance the well-being of people with dementia. Our programs empower our members to stay active and live a life filled with purpose.

We believe the Canadian Centre for Food and Ecology's initiative aligns with both our values as well as the L.E.A.F. Fund's goal of building strong communities through shared learning and connection. We are pleased to support a project that celebrates local regenerative agriculture and creates lasting value for the community.

We support this initiative's vision of bringing people onto working farms through sensory-rich immersive experiences, storytelling, joyful tastings, and hands-on learning. By

connecting participants directly with farmers and the land, the project can inspire a stronger relationship with food, greater appreciation for local farming, and meaningful connections that extend beyond the farm visit. We are particularly supportive of opportunities for participants to cultivate urban growing and are committed to staying connected to participants after the visits, to foster further connection and learnings.

Yours sincerely,



Rebekah Churchyard
BA, BSW, MSW, RSW, PMP
CEO and Founder
Green Care Farms Inc.
519-546-1104 (direct line)